



TRANSFORM YOUR PHONE

LO

TO KNOW HOW TO USE OUR PHONES WELL IN OUR LIVES
TO UNDERSTAND THAT GOD DESERVES OUR FULL ATTENTION

TO BE LESS RELIANT ON OUR PHONES THIS WEEK & MORE RELIANT ON GOD!

INTRO ACTIVITY AND QUESTIONS

Welcome everyone, make sure everyone knows each others names and a bit about each other.

GAMES

- 🎮 **Play Heads Up** - the app on your phone download it from the app store! or Is there a game that is the game of the moment on their phones? Play it and see who gets the best score in a set time!

DISCUSS

- 🗣️ Do you have a smartphone? (Some youth members might not have phone, still get them to engage as they will one day have one)
- 🗣️ Be honest how much time do you spend on your phone?
- 🗣️ Could you imagine life without your phone?
- 🗣️ What would you miss most about your phone if you didn't have one?
- 🗣️ What do you like most about your phone?
- 🗣️ Do you see your phone as something as a good thing or a bad thing?
- 🗣️ Is it something that distracts your attention away from God or connects you better to Him? (You might have YouVersion or other bible apps).

BIBLE STUDY AND DISCUSSION

📖 JEREMIAH 29:12-13 (NIV)

- 🗣️ How can our phones get in the way of seeking God with all our heart?
- 🗣️ Do you think God minds if we are distracted as we're trying to connect with him?
- 🗣️ *God promises to listen to us when we call upon Him, however you will only find him when you seek Him 'with all your heart'*
- 🗣️ Imagine if you were in the middle of an important conversation with one of your good friends and they were sat there checking snapchat or playing a game how would that/ does that make you feel?

📖 1 CORINTHIANS 10:31 (NIV)

- 🗣️ How can we use our phones to bring the glory of God?
- 🗣️ How are you now challenged to change the way you approach using your phone?
- 🗣️ Do you know of any useful things on your phone or the web that can help you engage with God?
- 🗣️ Can you think of any good uses for your phone to help transform the world around you?

Your phone or social media isn't bad. It's when you become dependent on your phone or social media to bring you happiness or acceptance, when it becomes a problem. Remember that anything and everything is done for His glory, even social media. Life that is secure in God and who he says you

ACTIVITY OR RESPONSE

WATCH

- 📺 **Look Up | Gary Turk - Official Video** or **Can We Auto-Correct Humanity?** on Youtube

DO:

- ✍️ **Draw** - a poster - giving advice to the next generation about phones - what would you include?!

CHALLENGE! : FONE FAST: TRY FASTING FROM YOUR PHONE 1 DAY THIS WEEK AND SPEND SOME QUALITY TIME WITH GOD.

NOW PRAY ABOUT WHAT YOU'VE LEARNT



Can you post anything on Facebook about what you've learnt today?



Can you post a picture on insta representing what you've done today?



Can you post anything on SnapChat about what you've learnt today?

